



What Should I Wear on a Rafting Trip?

We provide wet suits or paddling pants and jackets on all Chattooga trips.

During the summer, you (and your group) should wear a swim suit, shorts, a t-shirt and old tennis shoes, river sandals, or water shoes (no flip-flops). Please feel free to bring a towel and a change of dry clothes and dry shoes for after the trip - we have hot showers. A baseball hat is also useful during the summer for keeping the rain/sun out of your eyes.

In the fall & spring, air and water temperatures are often cool. Rain is not unusual.

Spring & Fall

Summer



We have the following suggestions for clothing and equipment:

- 1) Wool sweaters, pants, socks, etc. - Anything wool will help because it retains some of its insulating value even when wet. Fleece, polypropylene, and other synthetic materials are also appropriate.
- 2) A wool stocking cap - A large portion of heat loss is through the head and neck, and a cap can make a great difference.
- 3) Paddling Pants / Jackets - These help keep the water spray off your legs. They are provided free of charge at our outpost.
- 4) Wet suits - Farmer John style is the best style for rafting, but any wet suit will do. These are provided at our outpost.

Wild and Free
Chattooga River

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